



**Oak Hill Elementary School  
March 2020 Newsletter**

***"It is the mission of Oak Hill Elementary School to foster a respectful, stimulating, positive, and safe environment in partnership with parents and the community to assist students in becoming independent life-long learners and productive members of society."***

March 2020

**IMPORTANT DATES TO  
REMEMBER!**

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**Upcoming Dates:**

3/9 –Interims sent home  
3/10 School closed for students,  
Parent/Teacher Conferences  
3/12–FroYo House night  
3/16-3/20–Science Fair Week  
3/17–5th Grade Panoramic Pic-  
ture, 10am  
3/19–Bedtime Story Night  
6:30pm  
3/19–Used Book Sale, 6:30pm  
3/20–PTO Meeting, 9am  
3/20–DEAR Day , PJ Day  
& Author Visit  
3/24–2 hr early dismissal ; no  
PM Pre-K  
ECO Adventure, Jungle Express  
Social & Fundraiser  
3/31 ~ Math Night 5:30

## Principal's Message

### March 2020

Welcome to the month of March. I think we are all hoping for consistent spring like weather soon .

The Talent Show was a huge success. I appreciate the time that all the parent volunteers put into organizing and implementing the event. We have so much talent at Oak Hill Elementary School!!

During the week of March 16th, we will be holding our annual Science Fair for students in grades 3-5. Science projects are optional for grades three and four and mandatory for fifth grade students as part of their science program.

Thank you for all you do to ensure your children come to school each and every day prepared to learn.

Sincerely,  
Deneen Houghton  
Principal

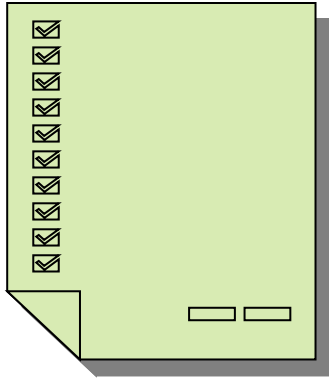
# TEST DATES

**Please make sure your child is on time  
and had a good breakfast.**

**\*\*\* Please note that lunches for any grade level could be altered during the testing window.**

Grade	Test	Date	Time
5	MISA	March 26	10 a.m. and 1:30 p.m.
		March 27	10 a.m. and 1:30 p.m.
3	MCAP ELA	May 11	9 a.m.
		May 12	
		May 14	
		May 15	
4	MCAP ELA	April 22	9 a.m.
		April 23	
		April 27	
		April 29	
5	MCAP ELA	April 23	11 a.m.
		April 24	
		April 27	
		April 29	
3	MCAP Math	May 20	9 a.m. 11 a.m.
		May 21	
4	MCAP Math	May 5	9 a.m. 12 p.m.
		May 6	
5	MCAP Math	May 7	10 a.m. 1 p.m.
		May 8	





*Out of Area Application*

## **Out of Area Transfer Requests**

Anne Arundel County Public Schools require students to attend school in their geographic attendance area.

However, certain circumstances could possibly warrant an exception.

In order to apply, parents are required to submit an application for an Out-of-Area Transfer, even if their children are currently enrolled in the school. The timeline to submit an application is between ***March 1st to May 1st.*** Schools have been instructed to time/date stamp applications.

**YOU MUST GO ONLINE TO PRINT THE REQUEST FORM.**

**Please remember that when picking up your student from after school activities, please wait outside until the instructor brings your student to the front door.**



## ***ALL NOTES***

***Please remember when sending in any note, please make sure the following information is on all notes:***

***Teacher's name, Student's first & last name, date, parent's signature and contact number.***

# STUDENT OF THE MONTH

## Trait is TEAMWORK

### Kindergarten

Grebb	Case M
Holmes	Luke Y
Derkson	Jackson B
Scott	Logan B
Tooley	Logan H
Toton	Tyler B
Wade	Harrison F

### 1st Grade

Seay	Jillian O
Grimes	James D
Sesney	Anna P
Zimmerman	Kason G
Gorski	Daniel K

### 2nd Grade

Anderson	Brigid E
Ellenberger	Alexis B
Johnson	Juliet N
Parker	Jack G

### 3rd Grade

Crane	Jack S
Creel	Meredith C
Macchia	Jodi D
Pere	Sabrina C
Quirey	Liam T

### 4th Grade

McKean	Taylor S
Mack	Jeffrey L
Robinson	Lucas O
Trent	Charli W

### 5th Grade

Birrane	Christopher R
Klug	Gary C
Bodnar	Michael M
Bruner	Brenna G



## *Dedicate a Luminary*



During the Relay For Life Luminaria Ceremony, votive candles are lit inside of personalized bags to shine a light on the fight against cancer. The power of this ceremony lies in providing an opportunity for people to share their grief and find hope.



If you wish to dedicate a luminary, simply complete the bottom of this form and return it to Mrs. McKean.

You can also go to: [relayforlife.org/getinvolved/luminaria](https://www.relayforlife.org/getinvolved/luminaria)

Please remember to donate to our team: "Rise Above It!"

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Please indicate a name(s) below for luminary dedication

There is a suggested \$10 donation for each luminary.

If you wish to pay by check, please make it out to: The American Cancer Society.

You can also donate directly online at [www.relayforlife.org](https://www.relayforlife.org)

Luminary "In Honor Of"

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Luminary "In Memory Of"

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Your name: \_\_\_\_\_

Amount enclosed: \_\_\_\_\_



# Exciting News!



**You can help support The American Cancer Society  
and our school's team for Relay for Life,  
"Rise Above It!"**

There will be a bracelet sale at school

March 23 – March 27

From 8:40 AM through 9:00 AM

In front of the Media Center.

Each bracelet is \$1.00 and you may buy as many as you wish  
**while supplies last!**

**You could also support our team other ways:**

Go to Relay's website to donate, or join our team

[www.relayforlife.org](http://www.relayforlife.org) (search for the Anne Arundel County relay)

Luminary Donation (suggested \$10)

Come out to Relay at the Earleigh Heights Fire Dept. on May 30 to  
have a lot of fun!

**Please remember to sponsor our team:**

**"Rise Above It!"**

If you have any questions, please email Mrs. McKean: [dmc-kean@aacps.org](mailto:dmc-kean@aacps.org)



# STAY INFORMED

▶ **About your child's grades, assignments, progress, and attendance**

ParentCONNECTxp (PCXP) is an easy-to-use online tool for communicating student progress that allows parents to take an even more active role in the education of their children. Parents and guardians of middle and high school students now have online, timely, and secure access to their children's grades and attendance through the ParentConnectxp portal site. Email alerts can also be set up to notify parents daily of absences, etc. Registration is free and must be done at the school a child attends. Access to the site can be obtained through all school websites. Parents who had an account last year do not need to re-register.

**ParentCONNECTxp**

▶ **About changes to school and school system schedules, important upcoming events, and other information**



School and school system messages, including emergency closings and delayed openings due to inclement weather, are communicated through a variety of avenues, including automated telephone messages. The phone numbers used for the Blackboard Connect (formerly Connect-ED) system are obtained from the student's school record and are provided by parents and/or guardians. **It is critically important that these numbers are kept updated with your child's school.**

Parents and guardians can choose numbers to which they wish to have calls directed, and should contact their child's school if they wish to change the primary phone number.

The system also sends email messages containing information to parents and guardians. Please contact your child's school to ensure the correct email address is on file.



Want to receive all AACPS news releases? Send your email address to [rmosier@aacps.org](mailto:rmosier@aacps.org) to be added to the distribution list.



Updates to the school system calendar, notices of emergency closings and delayed openings due to inclement weather, and other important messages to parents are communicated through AACPS' Facebook page, which can be accessed at [www.facebook.com/aacps](http://www.facebook.com/aacps).

Like our Facebook page and keep updated on all the latest information!



Receiving AACPS' weekly AXIS e-newsletter is as simple as providing your child's school with your email information to enter into the student database.



Information posted on Facebook is also communicated through Twitter. Follow us at **AACountySchools** for all the latest updates!





# The Flu:

## A Guide For Parents

### FLU INFORMATION

#### What is the flu?

Influenza (the flu) is an infection of the nose, throat, and lungs caused by influenza viruses. There are many different influenza viruses that are constantly changing. They cause illness, hospital stays and deaths in the United States each year.

The flu can be very dangerous for children. Each year about 20,000 children younger than 5 years old are hospitalized from flu complications, like pneumonia.

#### How serious is the flu?

Flu illness can vary from mild to severe. While the flu can be serious even in people who are otherwise healthy, it can be especially dangerous for young children and children of any age who have certain long term health conditions, including asthma (even mild or controlled), neurological and neurodevelopmental



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention

conditions, chronic lung disease, heart disease, blood disorders, endocrine disorders (such as diabetes), kidney, liver, and metabolic disorders, and weakened immune systems due to disease or medication. Children with these conditions and children who are receiving long-term aspirin therapy can have more severe illness from the flu.

#### How does the flu spread?

Most experts believe that flu viruses spread mainly by droplets made when people with the flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby. Less often, a person might get the flu by touching something that has flu virus on it and then touching their own mouth, eyes or nose.

#### What are the symptoms of the flu?

Symptoms of the flu can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue and sometimes vomiting and diarrhea. Some people with the flu will not have a fever.

#### How long can a sick person spread the flu to others?

People with the flu may be able to infect others by shedding virus from 1 day before getting sick to 5 to 7 days after. However, children and people with weakened immune systems can shed virus for longer, and might be still contagious past 5 to 7 days of being sick, especially if they still have symptoms.

### PROTECT YOUR CHILD

#### How can I protect my child against the flu?

To protect against the flu, the first and most important thing you can do is to get a flu vaccine for yourself and your child.

- ▶ Vaccination is recommended for everyone 6 months and older.
- ▶ It's especially important that young children and children with long term health conditions get vaccinated. (See list of conditions under "How Serious is the Flu?")
- ▶ Caregivers of children with health conditions or of children younger than 6 months old should get vaccinated. (Babies younger than 6 months are too young to be vaccinated themselves.)
- ▶ Another way to protect babies is to vaccinate pregnant women because research shows that this gives some protection to the baby both while the woman is pregnant and for a few months after the baby is born.

A new flu vaccine is made each year to protect against the three flu viruses that research indicates are most likely to cause illness during the next flu season. Flu vaccines are made using strict safety and production measures. Over the years, millions of flu vaccines have been given in the United States with a very good safety record.

## Is there a medicine to treat the flu?

Antiviral drugs can treat flu illness. They can make people feel better and get better sooner and may prevent serious flu complications, like pneumonia, for example, that can lead to hospitalization and even death. These drugs are different from antibiotics, but they also need to be prescribed by a doctor. They work best when started during the first 2 days of illness. It's very important that antiviral drugs be used early to treat the flu in people who are very sick (for example people who are in the hospital) or people who are at greater risk of having serious flu complications. Other people with flu illness may also benefit from taking antiviral drugs. These drugs can be given to children and pregnant women.

## What are some of the other ways I can protect my child against the flu?

In addition to getting vaccinated, take – and encourage your child to take – everyday steps that can help prevent the spread of germs.

This includes:

- ▶ Cover coughs and sneezes with a tissue. Throw the tissue in the trash after you use it.
- ▶ Stay away from people who are sick.
- ▶ Wash hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- ▶ Avoid touching your eyes, nose and mouth. Germs spread this way.
- ▶ If someone in the household is sick, try to keep the sick person in a separate room from others in the household, if possible.
- ▶ Keep surfaces like bedside tables, surfaces in the bathroom, kitchen counters and toys for children clean by wiping them down with a household disinfectant according to directions on the product label.
- ▶ Throw tissues and other disposable items used by sick persons in your household in the trash.

These everyday steps are a good way to reduce your chances of getting all sorts of illnesses, but a yearly flu vaccine is always the best way to specifically prevent the flu.



## What should I use for hand washing?

Washing hands with soap and water (for as long as it takes to sing the "Happy Birthday" song twice) will help protect against many germs. If soap and water are not available, use an alcohol-based hand rub.

## IF YOUR CHILD IS SICK

### What can I do if my child gets sick?

**Talk to your doctor early if you are worried about your child's illness.**

If your child is 5 years and older and does not have other health problems and gets flu-like symptoms, including a fever and/or cough, consult your doctor as needed and make sure your child gets plenty of rest and drinks enough fluids.

If your child is younger than 5 years (and especially younger than 2 years) or of any age with a long term health condition (like asthma, a neurological condition, or diabetes, for example) and develops flu-like symptoms, they are at risk for serious complications from the flu. Ask a doctor if your child should be examined.

### What if my child seems very sick?

Even children who have always been healthy before or had the flu before can get very sick from the flu.

Call for emergency care or take your child to a doctor right away if your child of any age has any of the warning or emergency signs below:

- ▶ Fast breathing or trouble breathing
- ▶ Bluish or gray skin color
- ▶ Not drinking enough fluids (not going to the bathroom or making as much urine as they normally do)
- ▶ Severe or persistent vomiting
- ▶ Not waking up or not interacting
- ▶ Being so irritable that the child does not want to be held
- ▶ Flu-like symptoms improve but then return with fever and worse cough
- ▶ Has other conditions (like heart or lung disease, diabetes, or asthma) and develops flu symptoms, including a fever and/or cough.

### Can my child go to school, day care or camp if he or she is sick?

No. Your child should stay home to rest and to avoid giving the flu to other children or caregivers.

### When can my child go back to school after having the flu?

Keep your child home from school, day care or camp for at least 24 hours after their fever is gone. (Fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C) or higher.

For more information, visit [www.cdc.gov/flu](http://www.cdc.gov/flu) or [www.flu.gov](http://www.flu.gov) or call 800-CDC-INFO

# Measles

IT ISN'T JUST A LITTLE RASH



Measles can be dangerous, especially for babies and young children.

## MEASLES SYMPTOMS TYPICALLY INCLUDE

- High fever (may spike to more than 104° F)
- Cough
- Runny nose
- Red, watery eyes
- Rash breaks out 3-5 days after symptoms begin



## Measles Can Be Serious



About 1 out of 4 people who get measles will be hospitalized.



1 out of every 1,000 people with measles will develop brain swelling due to infection (encephalitis), which may lead to brain damage.



1 or 2 out of 1,000 people with measles will die, even with the best care.

**You have the power to protect your child.**



Provide your children with **safe** and **long-lasting protection** against measles by making sure they get the **measles-mumps-rubella (MMR) vaccine** according to CDC's recommended immunization schedule.

[WWW.CDC.GOV/MEASLES](http://WWW.CDC.GOV/MEASLES)



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# Kindergarten Registration Begins

**Wednesday, April 1st  
9am-1pm**

Please bring the following documents with you

Child's original birth certificate

Copy of child's immunization record

Proofs of Residency

Lease or mortgage document along with one additional document with the same address such as

\*\*Current utility (BGE, water, cable, etc.)

\*\*Bank Statement

\*\*Paystub

\*\*A notarized Tenant Verification Form

available at school offices

*"Rise Above It"*

OAK HILL ELEMENTARY  
SCHOOL

34 Truck House Road  
Severna Park, MD 21146  
Phone: 410 222-6568

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WE'RE ON THE WEB

[www.aacps.org](http://www.aacps.org)

